

**CHAMPIONSHIPS
IN
FITNESS THROUGH MOVEMENT AND DANCE
17/18 JUNE 2017
ALBERT HALL, NOTTINGHAM**

ENTRY RULES

1. Entry is open to current full adult members of EMDP/ KFA
2. All entrants must be aged 16 by the 16 June 2017 to compete in the KFA Championships
All entrants for Young Dancer of the Year, Solo Section A1, must be aged 16-26, and for Solo Section A2, must be aged 27+ by the 16 June 2017 to compete in the KFA Championships
3. Team sections (D, G, H, J) to consist of a minimum of 8 in the team, with no maximum number
Team sections (F, L, E) to consist of a minimum of 4 in the team, with no maximum number
All performers must perform for the full duration of their item.
4. In the 2017 Championships there will be a maximum number of 15 items in every section, except for the two Solo Sections where there will be a maximum number of 8 items in Section A1, and a maximum number of 12 items in Section A2. Entries will be dated by KFA in strict order of receipt of Competitor Application Forms. This will be strictly adhered to.
5. Duration of performance:
Solo sections: minimum of THREE minutes and a maximum of FOUR minutes.
All other sections including duos and trios: minimum of THREE and a maximum of FIVE minutes.
These times **do not** include entrance and exit.
If requested, music longer than the allocated maximum times can be faded by Technical, providing this has been notified well in advance.
6. Dress Rehearsals **MUST** be attended.
Rehearsals start at 8.00am on Saturday (for the Saturday Programme) and at 8.00am on Sunday (for the Sunday Programme).
7. Automatic disqualification at the Dress Rehearsal will occur if:
 - Performance is outside the stated length of time
 - Teams are outside determined numbers
 - Competitors fail to attend Dress Rehearsal
 - Apparatus – does not comply with the following:
 - Ribbons – length of apparatus ribbon must not be less than 4.5 metres (performance ribbons will be measured at rehearsal)
 - Materials - any garment, e.g. skirt, cape, piece of material, to be used as the apparatus, must be removed within 30 seconds of the start of the performance. This form of apparatus can be a detachable part of the outfit (at start of performance)
 - Balls must be made of rubber or a pliable plastic composition – approx. 18-20cm diameter inflated
 - Clubs must be made from wood or synthetic material and have a bulbous base
 - Hoops must be made of wood or plastic and – approx. 75-88cm interior diameter
 - Skipping ropes – must have strong plaited manila ropes, wooden handles with ball bearings to allow safe rotation of the rope (ropes may, of course, be painted)
8. Sections will not proceed with less than three items unless both producers agree to compete. Alternatively, their choice may be to take part as a demonstration team with entry fee refunded. This will also apply if only one team enters the section.

9. A first position only will be awarded and announced when there are just three entrants in any one section. First and second positions only will be awarded and announced when there are just four entrants in any one section.
10. Items must be produced specifically for these Championships and must not contain content lifted from professional shows, i.e. all choreography must be original. This must be a first public performance but informal viewing of rehearsals by family and friends is acceptable. If an official written complaint is received by the Event Organiser disqualification will result if items have been performed previously at any national or regional KFA or EMDP event. Producer/s to be informed of disqualification as soon as possible.
11. Judges must not attend informal rehearsals or dress rehearsals of any competition items.
12. Entries may be for one or more sections. If more than one section is entered, please note the following:
 - Participant/s can perform in more than one item even in the same section.
 - If a solo is drawn to perform immediately before or after taking part in a team item, the running order will not be changed. This also applies to duos and trios.
 - If participant/s are performing in more than one item in the same section, the running order will not be changed.
 - If teams are entered in more than one section and are drawn to perform consecutively, i.e. last to perform in one section and the first to perform in the next section the order of performance may be amended.

13. Insurance

It is the responsibility of all entrants to be suitably qualified and competent to produce an item and / or perform in an item at the KFA Championships as this could affect the insurance cover.

Perkins Slade has confirmed that affiliated members and/or Teachers may produce/choreograph and perform an item for the Championships as the insurance cover includes professional indemnity and Civil Liability. It is NOT necessary to hold a teacher qualification to produce and/or perform in an item.

All members in the team including the producer MUST be a 2017 EMDP/KFA member to qualify. Please contact your own insurance adviser or EMDP, should you require any further information.

APPLICATION FORMS, ENTRY RULES and GUIDELINES FOR PRODUCERS AND JUDGES

will also be available on the KFA website or from your Regional Member Liaison Officer

ALL COMPLETED FORMS TO BE RETURNED TO:

Gilda Chambers, 9 Anthony Road, Welling, Kent, DA16 3EH

Tel: 020 8855 2034 Email: gildachambers@btinternet.com

No later than Friday, 30 November 2016

CHAMPIONSHIP SECTIONS

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| A1 Young Dancer of the Year – Solo (age 16-26) | F Fitness Freestyle – Team |
| A2 Movement & Dance – Solo (age 27+) | G Exercise – Team |
| B Movement & Dance – Duo | H Apparatus –Team (Balls or Clubs or Hoops) |
| C Movement & Dance – Trio | J Apparatus – Team (Materials or Ribbons) |
| D Movement & Dance – Team | K Rope Movement & Skipping – Solo |
| E Movement & Dance – New Producer | L Rope Movement & Skipping – Team |