



2019 KFA National Championships

in Fitness through Movement and Dance

Individual Section Guidelines for Producers

Section G: Apparatus Team

Judging Criteria	Maximum Mark
<p>CRITERIA 1 Overall Performance</p> <ul style="list-style-type: none"> ➤ Movement of the whole body showing good use of the apparatus as a natural extension of the body for the duration of the performance ➤ Handling skills showing safe techniques and an affinity and sensitivity to the natural actions of the chosen apparatus ➤ All apparatus must be used equally on both sides of the body i.e. the ability to use both right and left hands competently 	20
<p>CRITERIA 2 Choreographic Skills</p> <ul style="list-style-type: none"> ➤ Movements that are visually creative and show original content developed through the natural properties of the chosen apparatus ➤ Harmonious flow between movements that show control and an awareness of the handling skills of the chosen apparatus ➤ Display effective group formations that melt and merge seamlessly 	20
<p>CRITERIA 3 Dynamic Quality and Music</p> <ul style="list-style-type: none"> ➤ Dynamically contrasting qualities that embody the texture, length, weight and flow of the chosen apparatus ➤ Originality of interpretation that reflects the rhythm of the chosen music style and the influences of the dynamics 	20
<p>Please note: The following items have been removed as a specific judging criteria as they are considered a given in all aspects of KFA/Laban based movement and are applicable to all Sections in the KFA National Championships.</p> <ul style="list-style-type: none"> ➤ Demonstrates a range of KFA Physical Objectives ➤ Show effective and safe use of the spatial working area 	

The information given in the Individual Section Guidelines for Producers is to be read in conjunction with the Terms of Entry to the 2019 KFA National Championships.

Competitors may use up to two pieces of KFA defined apparatus of Balls, Clubs, Hoops, Materials, Ribbons or Skipping Ropes (Skipping and Ropework). No other apparatus, equipment or props eg canes, umbrellas, hats, bean bags etc. can be used in this section.

Materials may include skirts, capes, material squares etc - this form of apparatus can be a part of the outfit (at start of performance) and detachable, but must be detached within 30 seconds from the start of the performance and then used for the duration of the performance



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All performers must use the chosen apparatus for the duration of the performance. Apparatus cannot be left on the side of the performance working area for use within the item.

To ensure the safety of all performers, the producer, or her representative is responsible for removing dropped apparatus at an appropriate point in the item. This person must make themselves known to the Floor Manager / Chief Steward at the Dress Rehearsal prior to performance of the item.

The movements and music for this piece are to be the choice of the individual producer. The producer may ask for help and guidance but this is to be given on an individual basis at the request of the producer.

It is recommended that producers include some repetition of content in their item, allowing more opportunities for judges to assess performance against the criteria.

The choice of footwear is down to the individual. However, performers should wear footwear / dance shoes appropriate to the content of the section

Penalty Points 1 mark will be deducted for non-compliance with KFA Health and Safety guidelines in each of the following criteria, carrying a maximum possible deduction of 2 marks from each judge. Judges are required to record the reason(s) as they mark for awarding a penalty point and details will be provided to Producers	
Unsafe Movement <ul style="list-style-type: none"> ➤ Movements such as full splits, handstands, cartwheels, somersaults, forward or backward rolls must not be included (Half splits and/or half shoulder rolls are permitted but care must be taken) ➤ Lifting is not allowed, however, transitional movements involving momentary assisted flight and /or lowering to the floor is acceptable (Care must be taken when supporting full body weight to ensure there is contact with the floor by both/all performers i.e. no leapfrog/piggyback style movement is permitted) ➤ Supporting others in a pyramid type formation is not permitted 	-1
Personal Safety <ul style="list-style-type: none"> ➤ Wearing of jewellery, including watches, eating sweets or chewing gum is not permitted ➤ To ensure the safety of all performers, the producer, or their representative, is responsible for removing dropped apparatus as soon as possible at an appropriate point in the performance. If the dropped apparatus is not removed and continues to be a safety hazard then a penalty mark will be deducted 	-1
Please note: If it is seen that spectacles have fallen to the floor during performance time then the item may be stopped and asked to restart if the spectacles remain in the working area and it is considered unsafe to continue – this will not incur a penalty	



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Additional Guidelines for the use of Apparatus

Balls

All balls must be made of rubber or a pliable plastic composition – approx. 18-20cm diameter inflated

Natural Actions of Ball work

Bounce, Swing and Circle, Throw and Catch, Balance and Guide, Roll and Rotate

Clubs

All clubs must be made from wood or synthetic material and have a bulbous base

Natural Actions of Club work

Swing and Circle, Throw and Catch, Tap or Beat, Roll or Guide

Hoops

All hoops must be made of wood or plastic and must be approx. 75-88cm interior diameter

Natural Actions of Hoop work

Swing and Circle, Throw and Catch, Roll or Bowl, Pass Through or Enter, Spin, Guide or Support

Materials

May include skirts, capes, material squares etc - this form of apparatus can be a part of the outfit (at start of performance) and detachable, but must be detached within 30 seconds from the start of the performance

Natural Actions of Materials work

Swing and Circle, Throw and Catch, Float, Flick, Support and Guide (wrap/unwrap, trace, present, pull through, drag)

Ribbons

All team ribbons must be a minimum length of 4.5 metres (5 yards) - there is no maximum length. It will only be necessary to measure the ribbons to be used for the competition performance - performance ribbons will be measured at rehearsal. Practice ribbons may be used for the rehearsal.

Natural Actions of Ribbon work

Swing and Circle, Snake, Spiral, Snake

Rope movement and skipping

A strong plaited manila rope, preferably wooden handles with ball bearings to allow safe rotation of the rope (ropes may, of course, be painted)

The rope should be seen to involve and extend the whole body, show lightness and a flowing quality both in skipping and rope movement. The performance should consist of a variety of steps in the rope, balanced with rope movement. Rope handling (2 handles in one hand) must be used equally on both sides of the body showing a balance of handling skills, i.e. the ability to use both left and right hand competently.

Natural Actions of Rope work

Rope Movement - Swing and Circle, Tap/Beat, Support, Guide (present, pulling through)

Skipping - Pass/Jump/Skip through, backwards, forwards, sideways