



**YORKSHIRE  
REGION  
TRAINING**  
*Be the Best*

**SAT 30 SEPT 2023**  
*with Ivy Purdham*

**OSSETT COMMUNITY CENTRE WF5 8AN**

Morning session - (Apparatus) 10am - 12.30pm (2.5 hours - £15)

Afternoon session - (Relationships) 1pm - 3.30pm (2.5 hours - £15)

Both sessions are Unit 1 - on your white card

**Attend both sessions for £25 and you save £5.**

## HOW TO BOOK

To register your booking and the sessions you would like to attend, please email: [hello.keepfityorkshire@gmail.com](mailto:hello.keepfityorkshire@gmail.com)

- If paying online you will then be sent payment details
- If paying by cheque, please still register your booking at the above email and then send your cheque to YKFA and post to Anne Toseland 24 Storrs Hall Road, Sheffield S6 5AW.